



Notice of Right to Receive a Good Faith Estimate of Expected Charges

In compliance with the No Surprises Act that went into effect January 1, 2022, all healthcare providers are required to notify clients of their Federal rights and protections against potential “surprise billing.”

This Act requires that we notify you of your federally protected rights to receive a notification when services are rendered by an out-of-network provider, if you are uninsured, or if you elect not to use your insurance.

Additionally, we are required to provide you with a Good Faith Estimate of the cost of services. It is difficult to determine the true length of treatment for mental health care and you have a right to decide how long and how often you would like to participate in psychotherapy services. Therefore, your therapist will collaborate with you to determine how many sessions you may need and an estimate of costs for services will be forthcoming.

Please note that the fee structure for services is outlined in the Financial Policy you were provided at the beginning of treatment and that this notification does not replace the current Financial Policy.

Please let our Office Manager or your therapist know if you have any questions.